

## RESUME

### *Dr. Sudesh Bhardwaj* (Physical Education)

#### PERSONAL PROFILE

An Indian national born and brought up in Chandigarh; Hails from a peasant family background. 38 years of age; 5'.7'' height with a fit 21.4 BMI. Professionally an Educationist & Sports Psychologist, personally pragmatic for Spiritualism and socially a Philanthropist.

#### WORKING (TEACHING) EXPERIENCE

**12 years** of teaching experience comprising **Graduate** and **Post Graduate** classes. Working in **DAV College, Sector-10, Chandigarh since 2014.**

#### EDUCATIONAL AND PROFESSIONAL QUALIFICATIONS

- Ph.D. (2013) (Physical Education)
- UGC NET (June-2008)
- M.P.Ed. (2008) (**University Topper with Distinction**)
- B.P.Ed. (2006) (**Gold Medallist**)
- Graduation (2004) (**I<sup>st</sup> Division**)
- Certificate Course in Yoga (2010) (**Distinction**)
- X & XII (CBSE) (1999 & 2001)

#### PUBLICATIONS (RESEARCH PAPERS & BOOKS)

- **17 Research Papers** published in (**08 International** and (**04 National** journals and (**05 Conference Proceedings** with impact factors having all in all **29 Citations.**
- **01 Book** published at **International** level in **Macedonia, Europe** by **ESI**
- **01 Book** published at **National** level in **New Delhi, India** by **Sports Publication**

#### CONFERENCES / SEMINARS / SYMPOSIUMS / WORKSHOPS / FDP

- **15 Research Papers** presented in conferences (**08 International** and **07 National**)
- **21 Workshops & Webinars** (05 workshops of 7 days, 05 FDP of 7 days, 02 workshop of 2 days, 01 workshop of 3 days, 06 workshops of 1 day, 02 Webinars)

#### RESEARCH DISTINCTION

Research papers got selected for presentation at *the International Journal of Arts and sciences conference* at “**HARVARD UNIVERSITY**” Campus, **USA** in the year **2012** and **2016** respectively.

#### SPORTS ACHIEVEMENTS

- Won **Gold Medal** in **International Taekwondo Championship-2000**, **Gold, Silver** and **Bronze** Medals at **National** level **Taekwondo** Championships-1996, 1998 & 2000. Attended **India Camp** for **Senior Asian Taekwondo Championship-2000**. Won medals in **Gymnastics** and **Rowing**.