

## **TITLE OF PRACTICE: Extension Activities**

### **Concept of the Practice:**

The extension activities reflect their dedication for serving the broader community and addressing societal needs. Extension Activities aims at enabling our students / volunteers to develop social responsibility and learning by doing. Service attitude is essential for any professional to flourish in their jobs. Stepping towards the environment sustainability, the institution is also contributing some services to neighbourhood community. Community service is a kind of social work that involves dedicating your time, skills and resources to benefit a cause, a group or a community.

### **CONSTRAINTS**

Constraints of extension activities in college can pose challenges to their implementation and effectiveness. Some common constraints include limited resources and time constraints. Addressing these constraints, colleges prioritizes the extension activities as integral components of their mission and strategic priorities, invest in capacity-building and infrastructure, foster partnerships with community stakeholders, and cultivate a culture of engagement and accountability.

### **OBJECTIVES:**

The objectives of extension activities in college encompass a wide range of goals aimed at enriching the educational experience, fostering community engagement and promoting social responsibility.

Extension activities in college contribute to the overall mission of higher education by the holistic development of students, enhancing their academic, social, and emotional well-being, preparing them for future career opportunities and leadership roles fostering community development and advancing social justice and equity.

### **THE PRACTICES (UNIQUENESS)**

The institution strongly believes in serving the people is serving society. N.S.S. and N.C.C. organize various extension activities to serve the society.

### **Evidence of Success**

The college, through extension activities, transforms the students as leaders of social change to provide lasting solutions to social problems. Engaging the students in extension activities has created a sense of selfless service-mindedness among the student community. It helps to instil social responsibility, groom overall personality and create awareness on social issues.

The interventions through extension activities have resulted in improved literacy, reduced drug abuse, Hygienic surrounding, improved health and cleanliness. The institution is moving forward with a promising goal to ensure the growth of the society and environment.

Extension activities in college contribute to the overall mission of higher education by the holistic development of students, enhancing their academic, social, and emotional well-being, preparing them for future career opportunities and leadership roles fostering community development and advancing social justice and equity.

## **Title of Practice: Sports Culture**

### **Concept of the Practice:**

Sports can be a nation building exercise that brings much positive attention and can build a sense of prestige and good feeling about a country, amongst students. Nation building involves both creating a sense of pride in one's country among the citizenry and also enhancing a country's status in the eyes of other nations, which, of course, is a chief way to build national unity and pride at home as well.

**Objectives:** DAV College is known for its excellence and dedicated efforts to inculcate sports spirit among the students.

### **The Context/Challenging issues:**

The Constraints of sports culture in college can include limited funding and resources for athletic programs, scheduling conflicts with academic commitments, balancing the demands of sports with other extracurricular activities. Budget cuts or austerity measures during periods of economic hardship can further strain sports budgets.

### **The Practice (Uniqueness)**

College students are required to take part in games regularly. Ample provision exists on the college campus for various games and sports. All the sportspersons establish healthy traditions regarding dress, behaviour and attitude.

### **Evidence of Success**

The College has preserved its rich sports legacy of excelling in sports both at the International and National level competitions and also in the Panjab University Inter-College Championships both in men and women sections this year as well.